



A publication of the Area Agency  
on Aging, Inc. and the  
Mature Resources Foundation



### From the CEO...



As you know, the 2024-2025 Commonwealth Budget was signed by Governor Shapiro on July 11, 2024. We want to thank the many of you, friends of the Area Agency on Aging, for your advocacy efforts, from calling your legislators to filling out the postcards to advocate for the inclusion of the Pennsylvania Department of Aging's budget request for additional funding for the AAA network, as well as funding for the master plan on aging, Aging Our Way PA.

Regrettably, we received the disheartening news on July 12, 2024 that the budget was passed with no increase allocated to PennCare, which funds the AAAs. Senior Centers were flat-funded. Locally, this past fiscal year required instituting a wait list for services including home delivered meals and personal care services, due to lack of funding. As process across the board continue to rise, as well the elderly population, there is no other response but to cut back on services. Our staff will continue to work diligently to find alternative sources of funding in order to provide for those in greatest need. It is deeply disturbing that the Commonwealth Budget did not include urgently needed financial, lottery-funded support for services to individuals 60+. Included in the budget is a \$25 million dollar increase in the transfer from the Lottery Fund to the Medicaid CHC program.

In this edition of Lifespan, you will find our 2024-2025 annual plan for services, based on our current funding.

Please consider continuing to advocate for additional funding for the area agency on aging by reaching out to your local legislators.

Kathy Gillespie, CEO

### Planned Service Units 2024-25

Service	Units Planned 2024-25
Information and Referral	2264
Functional Eligibility Determinations	942
PASRR-EV	32
Protective Services Reports of Need	480
Protective Services Investigations	284
Needs Assessment Tools	382
Needs Assessment Tools - Express	624
Personal Care	26,000 Hours
Contracted Services	5,000
Consumer Reimbursement	21,000
Home Delivered Meals - Total	107,000 Meals
Hot Meals	96,000
Frozen Meals	11,000
Community Health Choices Meals - Total	10,000 Meals
Hot	8,500
Frozen	1,500
Congregate Meals	28,000
Center Visits	6773
Guardianships	6
Caregiver Support Program	65 Families
Transportation Reimbursements	3846
PA MEDI Consumers	350
Rent/Tax Rebates	530
Farmers Market Vouchers	2,500
Volunteers for AAA	55
Volunteer Hours for AAA	4434
Volunteers in VCCC	95
Volunteer Hours for VCCC	13017

## GIVING TREE

### COMING IN NOVEMBER



JOIN CLEARFIELD REGIONAL POLICE & MRAAA IN SPREADING SOME CHEER TO OUR LOCAL ELDERLY!

STARTING LATE NOVEMBER THROUGH EARLY DECEMBER!

Come take a tag from the tree  
and fulfill a Seniors Christmas Wish!

Stay tuned for details!

## 2024/2025 Services Budget

Expenses by Cost Center		
Administration		\$281,652
Administration	\$275,701	
Development	\$5,951	
Access		\$253,622
Information and Referral	\$253,622	
Long Term Living		\$2,850,363
Home Delivered Meals	\$1,305,795	
Personal Care	\$410,750	
Assessments	\$218,351	
Adult Day Care	\$80,252	
Medication Management	\$70,400	
Center Services		\$473,828
Congregate Meals	\$264,259	
Socialization/Health and Wellness	\$209,569	
Transportation		\$10,224
Total Expenses		\$4,646,528

### Percentage of Expenditures

Administration	6.06%
Access	5.46%
Long Term Living	61.37%
Other Support Services	16.72%
Center Services	10.20%
Transportation	0.22%
Total	100%

### Budget 2024-25

Income		
Aging Services Block Grant		\$2,288,563
Family Caregiver		\$200,611
PA MEDI		\$9,192
Nutrition Services Incentive Program		\$75,000
Health and Wellness		\$13,654
PA MEDI additional base		\$5,000
Ombudsman Volunteers & Federal		\$13,550
OPTIONS Services		\$442,032
OPTIONS Services 2		\$561,126
Block Grant Supplement		\$45,918
Protective Services		\$49,043
Protective Services - Personnel		\$45,000
MIPPA		\$9,747
Senior Centers		\$10,204
Total Aging Block Grant		\$3,768,640
Title XIX – MA I&R & ARDC		\$90,849
Community Health Choices Meals		\$80,000
Aging Well of PA, LLC - Assessments		\$218,351
Program Income		
Client Contribution, Federal	\$100,000	
Client Contribution, Local		-
OPTIONS Cost Sharing	\$6,000	
Local Revenues	\$382,688	
Total Income		\$4,646,528

Welcome  
Fall

## Affordable Housing in Clearfield County

Home. It's such a simple word that encompasses so much, from simple to extraordinary. Ideally, a home is a place of retreat, safety, rest and happiness--- a place to conduct life's daily business, to recharge, and to connect with oneself, children, family, pets and friends. We all need a safe and decent place to call home.

In Clearfield County alone, for every 100 people in need of housing, there are only 51 affordable options. The population in Pennsylvania grows older and more diverse daily, and is the home to 3.4 million older adults, which is the fifth highest total in the country. With many older adults wishing to "Age our Way", in a safe, affordable, comfortable home, finding such a place has become even more difficult for many.

The Mature Resources Foundation recognizes the need for such housing and in recognition of the housing crisis, has worked to develop safe affordable housing in Clearfield County to bring options to those in need. Such options include the Village of Hope, Echo cottages, Shared Housing, and the Dimeling Senior Residence to name a few. Also, the Clearfield County Redevelopment Authority has partnered with Mature Resources to pursue additional resources and opportunities for safe and affordable housing in Clearfield County.

According to the US Census Bureau 2022 American Community survey, 22.6% of the population in Clearfield County is 65 years or older, as opposed to 19.6% for Pennsylvania. As the ageing population continues to grow, we will remain committed to caring for our seniors, and the mission of Mature Resources.



## Adult Day Services

Since 2022 the Adult Day Center has been open to serve our community. The services that we offer have grown over the 2 years that we have been open. At the beginning of this year we had 12 consumers that would attend on a daily basis. What are adult day services? Adult Day Services are designed especially for older adults who want to remain in their community but are in need of support and services due to physical, social and / or cognitive limitations. Adult day services also provide respite for family, caregivers, including those employed outside the home and those who need a break from the 24-hour caregiving role. Here at ADC we do a wide range of physical and social activities. With the help of the daily structure the consumers that attend here go home and help their loved ones with daily functions of the home.



## FALL REMINDER

If you received Farmers Market Vouchers this summer and still have some left, you have until November 30 to use them. Fall is a great time to go visit Local Orchards or Farmers Markets approved by Department of Agriculture and pick up fall vegetables' and Fruits. Apples, pumpkins, potatoes, winter squash, sweet potatoes, carrots and more.

# 2025 Lottery Calendar

Each calendar has a three-digit number on it, and this number is good for every day of 2025. Cash prizes are awarded each day according to the amount of money listed on the calendar. Winning numbers are determined by the first three-digit PA Pick 3 evening number held at 7:00 pm.

Get 365 chances to win for only \$27.00! These calendars make great Christmas gifts!



**Cost: \$27 each**

**Calendars are selling out quickly. When requesting a number, please choose more than one.**

<b>Calendar #1</b>		<b>Calendar #2</b>	
Name:	_____	Name:	_____
Address:	_____	Address:	_____
City, State Zip:	_____	City, State Zip:	_____
Phone:	_____	Phone:	_____
Email:	_____	Email:	_____
Requested #:	_____	Requested #:	_____
<b>Calendar #3</b>		<b>Calendar #4</b>	
Name:	_____	Name:	_____
Address:	_____	Address:	_____
City, State Zip:	_____	City, State Zip:	_____
Phone:	_____	Phone:	_____
Email:	_____	Email:	_____
Requested #:	_____	Requested #:	_____
<b>Calendar #5</b>		<b>Calendar #6</b>	
Name:	_____	Name:	_____
Address:	_____	Address:	_____
City, State Zip:	_____	City, State Zip:	_____
Phone:	_____	Phone:	_____
Email:	_____	Email:	_____
Requested #:	_____	Requested #:	_____

**Purchaser Information:**

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_

Number of calendars purchased: \_\_\_\_ x \$27 each = \$ \_\_\_\_\_ **TOTAL ENCLOSED**

Make check payable to: **MRAAA**

Mail to: **Mature Resources Area Agency on Aging, 600 Cooper Rd, Curwensville, PA 16833**

Where would you like to pick up your calendar: \_\_\_\_ **Clearfield (or)** \_\_\_\_ **Curwensville Office**

If you live out of town and require calendars to be mailed, please let us know where they need to be mailed: \_\_\_\_\_

**(We do accept donations toward shipping costs.)**

**Sponsored by:**

Hill's Auto Service

Kurt Johnson Auto Sales & Service

SGC07188




**Proceeds from calendar sales benefit  
 Clearfield County Centers for Active Living.**


**THANK YOU FOR YOUR SUPPORT AND BEST OF LUCK IN 2025!**

# Area Agency on Aging Services


## Intake and Referral

 Intake and referral specialists have knowledge of a wide array of community resources and can explain how to apply for them.


## Person Centered Counseling

 Person centered counseling provides critical connections to resources for individuals in the community. Trained resource counselors assist individuals in accessing public, private, Federal, State, and local resources regardless of age, ability and income level.

## Caregiver Support Program

 The caregiver support program provides support for those who are caring for an older adult, or for grandparents who are raising grandchildren.

## Navigation Services

 Navigation services can guide you and your family through confusing and at times overwhelming world of elder and health care. This is accomplished through expert staff and information to navigate through these systems and provide support when you need it most.

## Transportation Reimbursement

If you are age 65 or over and travel using the Area Transportation Authority (ATA) CCAAA can reimburse some of your cost. Call ATA (800) 252-3503 for additional information

## Care Management

Care managers have knowledge of local, State and Federal programs that can provide needed in home support. Using comprehensive assessments and person centered care planning, care managers work with older adults to create a personalized plan for the future.

## Care Transitions

Care transitions is designed to make sure you have the support you need after you leave the hospital, rehabilitation center and nursing or personal care facilities. Through a 30 day program a transitions coach works with older adults to identify triggers, warning signs, gaps in care and other needs to help reduce re-admission rates. You want to stay home, and we want to help you do that.

## Evidence Based Programs

Evidence based programs have been shown to have positive impacts on health outcomes. Clearfield County Area Agency on Aging Inc. is proud to offer a variety of evidence based programs including Healthy IDEAS, Diabetes Self Management, Chronic Pain Self Management and A Matter of Balance to our community.

## Adult Day Center

Adult Day Services (ADS) are designed especially for older adults who want to remain in their community but who cannot be home along during the day due to physical, social, and/or mental limitations.

## Protective Services

Protective services investigators are available 24 hours a day 365 days a year to receive and investigate reports of abuse, neglect and exploitation. Anonymous reports of suspected elder abuse can be made to: 1-800-233-0249

## Ombudsman

Residents of personal care and nursing facilities can get help resolving problems, learn about resident rights and participate in programs with peers through contacting a long term care Ombudsman

## Home Delivered Meals

Meals are delivered to over 700 residents of Clearfield County daily. Home delivered meals participants benefit from a nutritious meal and interaction with a home delivered meal driver. During winter months shelf stable meals are delivered in case of unsafe roads that interfere with meal delivery.

## PA MEDI

Specially trained volunteers provide information, counseling and assistance for all types of health insurance questions. Tele-appointments are available through the State wide hotline at 1-800-783-7067. Appointments can also be made for in person meetings by calling 814-765-2696.

## Contact us for additional information! (814) 765-2696



**Centers for Active Living**

Centers for Active Living are located across Clearfield County. In addition to nutritious meals, Centers for Active Living provide educational programs, recreational activities and evidence based health and wellness activities.

**Clearfield Center for Active Living**  
Clearfield Presbyterian Church, 119 North Second Street,  
Clearfield, PA 16830 (rear entrance from alley)  
814-765-9319

**Coalport Center for Active Living**  
961 Forest St. Coalport, PA 16627  
814-672-3574

**Kylertown Center for Active Living**  
70 Senior Drive Kylertown, PA 16847  
814-345-6338

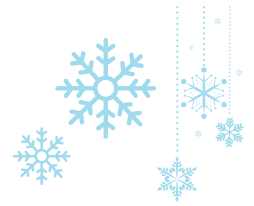
**Mahaffey Center for Active Living**  
958 Market Street Mahaffey, PA 15757  
814-277-4544

**Parkside Community Center**  
120 West Park Avenue DuBois, PA 15801  
814-371-4000

**Houtzdale Center for Active Living**  
40 Terrace Drive Houtzdale, PA 16651  
814-378-5120



**Mature Resources Area Agency on Aging, Inc.**  
**600 Cooper Road, Curwensville, PA 16833**  
**Phone (814) 765-2696**



## 2024 Blizzard Box Project

It always seems that just as summer arrives, we have to begin planning for the cold months. Groundwork is already being laid for the annual distribution of Blizzard Boxes.

Each year in October, the Agency acquires and delivers non-perishable meals to every Meals on Wheels and More recipient. Every Blizzard Box contains the nutritional equivalent of three full meals which meet standards set by the Older Americans Act. We anticipate sending more than 1500, three-meal emergency boxes to Meals on Wheels and More consumers across Clearfield County. These back-up meals stay on their shelves until such time that weather prevents us from making our normal rounds. It is then that we call the consumers to remind them that even though we cannot make it to their house today, they have their Blizzard Box waiting for them and they can eat some of the contents to tide them over.

Since 1983, funds have been raised locally from businesses, organizations, and individuals to fund this valuable program. This year we have several sponsors listed below.

- The MRAAA is looking for people to sponsor Blizzard Boxes for this coming winter.
- The cost to sponsor a three-meal blizzard box is only \$10.
- On the outside of each box is a label which states "These nutritious meals are provided to you by: (your name)." This gives you, the donor, some visibility for your support of the program, and allows the recipient to see how people in the community made the service possible.

We hope you will contribute generously to this valuable program. *Blizzard Boxes are not funded with any state or federal monies. In 2023 we raised \$18,346, and our blizzard box expenses totaled almost \$29,850.* It is your contributions that ensure homebound older residents of Clearfield County have something nutritious to eat during severe winter weather. If you have any questions, please do not hesitate to contact me at 814-765-2696 or 1-800-225-8571. Many thanks for your support!

Sincerely,  
Dennis Biancuzzo  
Director of Business Development

Appalachian Wood Products  
Fraternal Order of Eagles #812  
Clearfield, Elk, Cameron, Jefferson, & Potter Central Labor Council



Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

Scan here to visit website



**Make check payable to: MRAAA Mail to: 600 Cooper Rd, Curwensville, PA 16833**  
**Or you can visit <https://FUND23.givesmart.com> to set up recurring payments.**

Name as you wish it to appear on Blizzard Box Label: \_\_\_\_\_

Number of boxes you wish to purchase \_\_\_\_\_ x \$10.00 each = \_\_\_\_\_

**Please help by sending your check, along with this form. Please note on memo line: "Blizzard Box"**

The Clearfield County Area Agency on Aging, Inc. and Mature Resources Foundation are registered as charitable organizations with the Pennsylvania Department of State. A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

## Medicare Annual Open Enrollment Period Begins the Month of October.

From October 15th through December 7, 2024 Medicare beneficiaries can join, switch or drop Medicare Advantage or Prescription Drug Coverage. For assistance contact PA MEDI at Mature Resources CCAA, Inc at 814-765-2696 to schedule an appointment.

### NEW EMPLOYEES

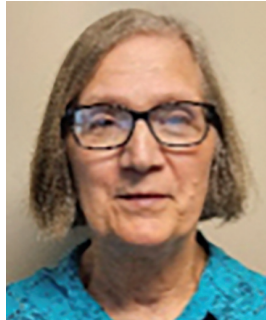
The Clearfield County Area Agency on Aging is always excited to have new employees who can bring their individual skills to their new role for the benefit of our consumers. Recently we have had the pleasure of adding the following individuals to the employee family here at the agency.



**Andrew Libreatori** as a casual meals on wheels delivery driver in January of this year. Andrew and his family live in Clearfield.



**April Calvello** joined the agency in May of 2024 providing services in both the Intake & Referral Division and as the Marketing & Events Coordinator. April lives in DuBois.



**Becky Miller** brought her skills as the Center for Active Living Manager in Clearfield in July Of 2024. Becky is a retired educator and lives in Curwensville.

## Memorial & Honorarium Fund

Fall 2024 Lifespan Edition

IN MEMORY OF:	FROM:	GIFT AMOUNT:
Emily Grimminger	Roy, Julia, Annie Livergood	\$30.00
Daryl Heitsenrether	Annie Livergood	\$25.00
Edwin Bruce	John & Coletta Bruce	\$50.00

## Health & Wellness And Center Activities



**Mahaffey Center for Active Living is having a Bingocize program** starting August 1st through October 10th Every Monday and Thursday from 10:30-11:30 Learn about Nutrition and Healthy Eating along with doing basic exercises and Play Bingo at the same time.

Call Sally at the Mahaffey Center to register and get more details at 814-277-4544

**Kylertown Center for Active Living is having a Old Time Class Reunion** on September 26th from 10:00AM to 2:00PM. Live DJ Oldies Music, Prizes and Favors, Name tag with name and Year of graduation. Pizza, veggie trays, sheet cake and punch. Call Julia at 814-345-6338

**Clearfield Center for Active Living has a Health and Wellness program** of Arthritis Foundation Exercise every Tuesday and Friday in the Clearfield Center located in the Presbyterian Church from 10:00-11:00.

This class exercises the body that are sore with arthritis and helps to get them moving again.

For more information call 814-765-2696 and ask for Connie.

**Coalport Center is serving breakfast** in the month of August and September on Wednesday's from 9:00AM to 10:00AM. Cost is \$1.50. Please call ahead for reservations at 814-672-3574.

**Clearfield YMCA has Arthritis Foundation Aquatic program** every Tuesday and Thursday from 9:00-10:00 Enjoy the water while exercising the body.

FIRST 200 TICKETS WILL BE ENTERED TO WIN \$1000 CASH



## Anne S. Thacik MEGA PRIZE BINGO BASH

A ONCE IN A  
LIFETIME EXPERIENCE  
FOOD / DRINKS  
AND FUN!

Tickets \$15 Donation each or  
Business groups 6 tickets for \$80

Saturday, October 17, 2024  
Doors - 5:00pm  
Bingo starts at 6:00pm

Copper Cork Event Center  
512 Arnold Ave, Clearfield, PA 16830

Tickets Sponsored by:  814-765-1925



**Clearfield County Area Agency on Aging Inc.**  
600 Cooper Road, Curwensville, PA 16833

Change Service Requested





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## LOOKING AHEAD

2024 Observed Holidays (offices/centers closed)

LABOR DAY	MONDAY, SEPTEMBER 2
COLUMBUS DAY	MONDAY, OCTOBER 14
VETERANS' DAY	MONDAY, NOVEMBER 11
THANKSGIVING HOLIDAY	THURS. NOV. 28 & FRI. NOV. 29

CHECK CCAAA OUT ON:

-  Facebook @ ClearfieldCountyAAA
-  Twitter @ CountyArea
-  LinkedIn
-  You Tube channel under Clearfield County Area Agency on Aging

CHECK THE VILLAGE OF HOPE OUT ON:

-  Facebook @ <https://www.facebook.com/ourvillageofhope/>
-  Twitter @ TheVillageofHo1

### Would you like to receive your Lifespan by email?

Simply email us at [mail@matureresources.life](mailto:mail@matureresources.life) and let us know! Future issues of Lifespan (four per year) will automatically be emailed to you.

## CONTACT US

<b>Administrative Offices</b>	814) 765-2696 or (800) 225-8571
<b>Toll Free</b>	(814) 765-2760
<b>Fax</b>	(814) 765-2760
<b>Protective Services</b>	(814) 765-1365 or (800) 233-0249
<b>Web Page</b>	<a href="http://www.matureresources.life">www.matureresources.life</a>
<b>Email</b>	<a href="mailto:mail@matureresources.life">mail@matureresources.life</a>