



A publication of the Area Agency  
on Aging, Inc. and the  
Mature Resources Foundation



### From the CEO...



Most of us have heard the expression, “It takes a village to raise a child”. This originates from an old African proverb and expresses the idea that it takes many people to provide a safe, healthy environment in which children can grow. This same idea has been woven into the fabric of our philosophy for the Village of Hope, only we apply it to people of all ages and abilities, who are welcomed and appreciated as unique and important to the overall functioning

of the community. Our community supports individuals experiencing cognitive changes, adult children with disabilities, grandparents raising grandchildren, as well as families and single individuals. Village of Hope provides each individual with independence, dignity, and support through the living accommodations provided by the thoughtfully crafted homes located off of Route 322 in West Decatur.

Planning this concept and reaching the construction stage has been no small task, but I’m thrilled to be able to provide the exciting update that this dream is well on the way to becoming reality. We have completed the first phase of construction consisting of six duplexes, 12 units in all, and each one of them is occupied. We are planning for 20 additional homes to be constructed this year and have begun construction of our first single-family home. All of these forthcoming homes already have residents who are eagerly waiting to move in. There are currently more than 60 people on the waiting list who wish to make Village of Hope their forever home.

Also, this year, work on our Village Hall will begin. We are planning to build a 15,000 square-foot facility that will serve as a hub for the community. The Village Hall will house health services, grocery services, a café, a restaurant, and community arts and theatre spaces to host activities and educational programs or entertainment. It will also provide a gathering space where residents can socialize.

Work on paved streets, sidewalks, and walking trails is also planned, making sure residents can move throughout the community safely and easily.

Seeing these efforts come to fruition is an absolute joy! And with the momentum we have now, we’re only going to keep expanding into the future! We could not have made it this far without our community partners, donors, skilled engineers and contractors, and dedicated staff. We are so grateful for the support and collaboration offered by everyone. Afterall, it takes a village.

Stay well,

Kathy



# AAA's Gillespie appointed by governor to state council



Judge Paul Cherry swears in Mature Resources CCAAA CEO Kathleen Gillespie to her position as a member of the Pennsylvania Long-Term Care Council.

Kathleen Gillespie, CEO of Mature Resources Clearfield County Area Agency on Aging (CCAAA) was appointed to a state-wide council on elder care by Governor Tom Wolf, just before his term ended. Gillespie will serve as a member of the Pennsylvania Long-Term Care Council under the Pennsylvania Department of Aging.

According to the Department of Aging, the Pennsylvania Long-Term Care Council is charged with making recommendations on regulations, licensure, financing, or any other responsibilities of the departments and agencies that relate to the commonwealth's long-term services and supports system. Established by Act 64 of 2015, and revised by Act 63 of 2021, the council replaces the Intra-Governmental Council on Long-Term Care in order to reflect today's broader long-term care continuum. The scope of the council includes all areas of long-term care, including, but not limited to, institutional care and home and community-based services. Chaired by the PA Secretary of Aging, the council is comprised of 35 members, including long-term care consumers, advocates, caregivers, providers, and policymakers.

As required by the Constitution of Pennsylvania, Gillespie was sworn into this office by Clearfield County Judge Paul Cherry at the Clearfield County Courthouse in December.

Gillespie has served as the Chief Executive Officer of the Clearfield County Area Agency on Aging since 2012. Her term on the Long-Term Care Council runs until December 2026.

## Festival of Trees winner announced

The Chemo Bag Project was the winner of the inaugural Festival of the Trees held at the Dimeling Senior Residence. Phyllis Bauman, a resident of the Dimeling Senior Residence, presented the trophy to the winners. Pictured left to right are: Lisa Conrad, Phyllis Bauman, Kirsten Surat, and Jamie Barger.

The Chemo Bag Project assembles bags with items that are handmade or donated with love, encouragement, and support, reminding those undergoing cancer treatment that people they have never met are sending their prayers, strength, and positive thoughts.

The winner of the Festival of Trees was determined by votes cast by those who attended the event.



# March for Meals ready to roll



For more than 20 years, the Meals on Wheels network has claimed the month of March to rally communities around its vital service, celebrate our senior neighbors, and increase support for this successful public-private partnership that has ensured millions of older Americans can remain healthy and independent at home.

Each year, the March for Meals celebration commemorates the historic day in March of 1972 when President Nixon signed into law a measure that amended the Older Americans Act of 1965 to include a national nutrition program for seniors 60 years and older. This legislation supported the rapid growth of the nationwide network of senior nutrition programs – commonly referred to as Meals on Wheels – that collectively serve more than 247 million meals to over 2.8 million seniors each year.

Throughout the month, the Meals on Wheels network is joining forces for the awareness campaign to garner the support needed to ensure these critical programs can continue to address food insecurity and malnutrition, combat social isolation, enable independence, and improve health for years to come.

The Meals on Wheels program typically provides 700-800 hot, nutritious meals each day to consumers in Clearfield County. The AAA contracts with Morrison Living, an international food service provider, to supply the meals that are prepared fresh in the kitchen at the agency's Curwensville office each day. In addition to hot meals, each year Blizzard Boxes are packed and delivered to homebound Meals on Wheels recipients across the county. A combination of nonperishable foods, they are packaged and delivered at the onset of winter. Consumers are encouraged to store the meals in a safe place to use as a backup for stormy winter days when the Meals on Wheels staff may be unable to deliver a hot meal.



# Kurtz Bros., Apple Catering support Mature Resources AAA

During the 2022 holiday season, local businesses collaborated to support the many services offered to area seniors through the Mature Resources Area Agency on Aging (AAA). Long-standing stationary manufacturer Kurtz Brothers, as well as Apple Catering, invited AAA staff for a unique fundraising opportunity.

At Kurtz Brothers' annual staff Christmas party, catered by Apple, AAA staff were invited to be guest servers, and in return, all tips brought in that night would be donated to the AAA. Tips amount to a generous \$324. These funds will support the diverse array of services offered to the community by the AAA.



Coordinator of Service Enhancement and Development Kathy Bell.



## Friends of the Area Agency on Aging Auxiliary 2023-2024 MEMBERSHIP APPLICATION

ANNUAL MEMBERSHIP DUES: \$10.00 PER PERSON OR \$15.00 PER COUPLE

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Name of Spouse or Partner: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ \*Email: \_\_\_\_\_

PLEASE NOTE ANY FAMILY OR ADDRESS CHANGES SO WE CAN KEEP OUR RECORDS UP TO DATE.

**Lifespan newsletter:** Two issues will be mailed yearly (summer & winter), and two issues will be inserted into our local newspaper (spring & fall). All four issues will be sent via email.

\*Please include your email if you would like to receive all electronic issues.

If you would still like to receive a paper copy, check here: \_\_\_\_\_

Choose Optional Multi-Year Membership:

- Level 1 - 1 year - \$10 per person (or) \$15 per couple = \_\_\_\_\_
- Level 2 - 3 year - \$30 per person (or) \$45 per couple = \_\_\_\_\_
- Level 3 - 5 year - \$50 per person (or) \$75 per couple = \_\_\_\_\_
- Level 4 - 10 year - \$100 per person (or) \$150 per couple - \_\_\_\_\_

We are offering membership levels for those of you that would like to purchase several years in advance.

Amount enclosed: \_\_\_\_\_

Make checks payable to: Clearfield County Area Agency on Aging, Inc.  
 600 Cooper Road, Curwensville, PA 16833  
 Phone (814) 765-2696 Email: rvaughn@matureresources.life

### PLEASE CHOOSE A MEMBERSHIP LEVEL

- \_\_\_\_\_ Social (Supporter): Receive a discount card & lifespan only.
- \_\_\_\_\_ Active: I am willing to volunteer my time to assist with Auxiliary activities.



Thank you for your support!  
 CARDS WILL BE MAILED MID-JUNE

Checks for all fundraisers can be made payable to CCAA, and mailed to:  
 Mature Resources Area Agency on Aging, Inc., 600 Cooper Rd, Curwensville, PA 16833

## 2023 April Cash Award Calendar \$20 donation

The Agency is currently selling Cash Awards Calendars good for the month of April 2023 only!

These calendars are only \$20 and would make great gifts!

Based on the three-digit, evening (7:00 PM) Pennsylvania Lottery Daily Number, there are up to eight different winners each day varying in prize amounts from \$20 - \$200!

You win if your number is straight, +1, -1, or boxed based on the daily number.



Number of Tickets \_\_\_\_\_ @ \$20 each = Total Amount \$ \_\_\_\_\_

Please supply an email for an electronic copy of your calendar & number.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

*April Cal*

1,000 calendar numbers will be sold ~ All proceeds benefit Senior Services & Programs.



## Community Provides for Seniors with the 2022 Giving Tree

The Clearfield Borough Police Department and the Mature Resources Area Agency on Aging, Inc. partnered again this year to create "Giving Trees" for area elderly, and grandchildren of our CSP Program.

A total of 434 tags were distributed. More than \$15,000 was collected and sent directly to local fuel & utility suppliers to ensure our frail and elderly stay warm in their own homes this winter.

The Police Department and the Area Agency on Aging teamed up with Family Dollar, Shaw Public Library, Spanky's Courthouse Cafe, Leyo's Supermarket, and South Side Subs to host the trees. The employees of Penn DOT, Mid Penn Bank, and CNB Bank had their own tree and collected internally.

A special thank you goes out to our community for all the fuel/utility and gifts that were donated. Thank you to all that hosted a tree!



## 2023 Cash & Prize Raffle Coming Soon

- We will begin selling the Cash & Prize Raffle tickets beginning of April.
- For only \$10, you could win one of 10 great prizes.
- Included in these prizes will be three cash prizes.
- Stay tuned for the other great prizes we will have to offer.
- Watch for your form in the mail, and email box.



SGC6733

The Clearfield County Area Agency on Aging, Inc. and Mature Resources Foundation are registered as charitable organizations with the Pennsylvania Department of State. A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

# VILLAGE OF HOPE SPOTLIGHT

(As told by Joan Bracco)



## PEGGY YARWASKY

Peggy Yarwasky lives in a newly built duplex at the Village of Hope. I had called and arranged to interview her for the Lifespan Newsletter. She was very welcoming. Peggy was born in Denver, CO. She said, "My Dad was in the military. I was two years old when I came back to Clearfield, PA. My Dad's father had 84 acres when he and my Dad, who lived outside of Grampian, returned home to help farm the land. My mother was a stay-at-home Mom when we (two brothers and one sister) were small, and when we went to school she worked at Pine Grove Nursery, who sold a variety of trees and seedlings. Later on, she worked at Clearfield Furs Taxidermy and put furs in storage."

Peggy's father worked as a truck driver at Breman's Express out of Philipsburg, then moved to Hyde.

Peggy graduated from Clearfield Area High School. Afterwards she graduated from DuBois Tri-County School of Cosmetology and earned her license in cosmetology. She worked as a secretary at Target Sportswear and Kent and Target, Hyde, and Fletcherville and Target Square from 1972 until 1997 and was disabled because of a heart condition. After three heart surgeries and ending up needing an electric wheelchair, she decided she couldn't live the rest of her life this way, but it was a means to an end, a process to recover. She did have further heart surgeries and can walk perfectly, but does have good days and bad days. At one time she considered heart transplant surgery, but the risks were too high according to the transplant surgeons. She decided to keep depending on the Lord whose presence had sustained her thus far. Even though that was several years ago, Peggy is very thankful for the Lord's presence in her life and grateful for her fantastic physicians, who she sees every three months.

"Through the years, I've been on oxygen, because I couldn't breath due to my heart problems and b-pap machine. I have to weigh myself everyday on water weight scales and have a monitor that reports to the RN case manager who is assigned to me because of congestive heart failure. Having the RN is wonderful because I can call her at any time," Peggy said.

"I also feel thankful for my wonderful family, who stood by me at all times as an amazing support team."



She continued, "I found out about the Village of Hope from my friend, Attorney Tim Durant, who gave me information from Kathleen Gillespie, CEO of Mature Resources Area Agency on Aging, and Joann Ross. I called Kathy Gillespie and arranged to have a meeting. I asked her if I could live in the Village of Hope and she said, 'Yes, Peggy, it's for everyone.' I was so grateful that I could be living here, I just cried. I am so happy to be here in this beautiful place. I didn't want to end up in a Nursing Home."

"I got to see the Apartment in the first home and when I was able to move in to another home that was available I was so excited. I have two bedrooms, a bathroom, a laundry, a kitchen and a living room," Peggy said.

Her duplex-ranch home is really absolutely beautiful.

"My daughter and son-in-law love it. When they told me about the Village of Hope, I thought it was a perfect name because it actually gives us hope for the last phase of our lives," Peggy shared.

I came back to my Clearfield office and was so inspired by Peggy's life and outlook on her life and others. Even with so many health problems of her own, she and her daughter do help others with getting groceries, cooking and cleaning. I think Peggy is an angel in our midst.

## Memorial & Honorarium Fund

Spring Lifespan Edition (March 2023)

IN MEMORY OF:	FROM:	BENEFITS:
Merle (Jim) Bailey Ann Sabol	Ray & Ruth Rougeux Joe Sabol	Senior Services Meals on Wheels
IN HONOR OF:		
Pike Twp Municipal Authority	Buchart Horn Inc.	Meals on Wheels
Martha Reisinger	Holly & Jim Moseley	Senior Services

## Have an IRA?


Would you like to gift to a qualified charity, tax free? If you make donations and are subject to required minimum distributions (RMD) rules for your IRA, gifting some of your RMD income using the qualified charitable distribution will count toward satisfying your RMD, and neither you nor the charity will have to pay income taxes.

Call 814-765-2696


for more information on giving to the Mature Resources Area Agency on Aging.

# Area Agency on Aging Services


## Intake and Referral

 Intake and referral specialists have knowledge of a wide array of community resources and can explain how to apply for them.


## Person Centered Counseling

 Person centered counseling provides critical connections to resources for individuals in the community. Trained resource counselors assist individuals in accessing public, private, Federal, State, and local resources regardless of age, ability and income level.

## Caregiver Support Program

 The caregiver support program provides support for those who are caring for an older adult, or for grandparents who are raising grandchildren.

## Navigation Services

 Navigation services can guide you and your family through confusing and at times overwhelming world of elder and health care. This is accomplished through expert staff and information to navigate through these systems and provide support when you need it most.

## Transportation Reimbursement

If you are age 65 or over and travel using the Area Transportation Authority (ATA) CCAAA can reimburse some of your cost. Call ATA (800) 252-3503 for additional information

## Care Management

Care managers have knowledge of local, State and Federal programs that can provide needed in home support. Using comprehensive assessments and person centered care planning, care managers work with older adults to create a personalized plan for the future.

## Care Transitions

Care transitions is designed to make sure you have the support you need after you leave the hospital, rehabilitation center and nursing or personal care facilities. Through a 30 day program a transitions coach works with older adults to identify triggers, warning signs, gaps in care and other needs to help reduce re-admission rates. You want to stay home, and we want to help you do that.

## Evidence Based Programs

Evidence based programs have been shown to have positive impacts on health outcomes. Clearfield County Area Agency on Aging Inc. is proud to offer a variety of evidence based programs including Healthy IDEAS, Diabetes Self Management, Chronic Pain Self Management and A Matter of Balance to our community.

## Adult Day Center

Adult Day Services (ADS) are designed especially for older adults who want to remain in their community but who cannot be home along during the day due to physical, social, and/or mental limitations.

## Protective Services

Protective services investigators are available 24 hours a day 365 days a year to receive and investigate reports of abuse, neglect and exploitation. Anonymous reports of suspected elder abuse can be made to: 1-800-233-0249

## Ombudsman

Residents of personal care and nursing facilities can get help resolving problems, learn about resident rights and participate in programs with peers through contacting a long term care Ombudsman

## Home Delivered Meals

Meals are delivered to over 700 residents of Clearfield County daily. Home delivered meals participants benefit from a nutritious meal and interaction with a home delivered meal driver. During winter months shelf stable meals are delivered in case of unsafe roads that interfere with meal delivery.

## PA MEDI

Specially trained volunteers provide information, counseling and assistance for all types of health insurance questions. Tele-appointments are available through the State wide hotline at 1-800-783-7067. Appointments can also be made for in person meetings by calling 814-765-2696.

## Contact us for additional information! (814) 765-2696



**Centers for Active Living**

Centers for Active Living are located across Clearfield County. In addition to nutritious meals, Centers for Active Living provide educational programs, recreational activities and evidence based health and wellness activities.

Clearfield Center for Active Living  
103 N Front St Rear, Clearfield  
814-765-9319

Coalport Center for Active Living  
961 Forest St, Coalport  
814-672-3574

Kylertown Center for Active Living  
70 Senior Drive, Kylertown  
814-345-6338

Mahaffey Center for Active Living  
958 Market St, Mahaffey  
814-277-4544

Parkside Community Center  
120 W Park Ave, DuBois  
814-371-4000

Houtzdale Family Service Center  
40 Terrace Drive, Houtzdale  
814-378-5120

## TREE OF STARS ~ 2022

### MANY THANKS FOR YOUR TREE OF STARS DONATIONS!

Mature Resources Area Agency on Aging, Inc.'s Annual Tree of Stars Holiday Appeal has completed another successful campaign. The Tree of Stars memorial appeal is an opportunity through a special gift to honor or remember those who are special to you. Each year, Tree of Stars seeks community support for AAA programs that serve seniors in greatest need. We received \$2,940 in donations this year to help seniors in Clearfield County remain healthy and happy in their own homes.

Mature Resources AAA extends their thanks and appreciation to those who made donations.

## Gold Star

### IN MEMORY OF:

A. Mardine Zazworsky  
Ada Lumadue  
Carl Glenn Abernethy, Sr.  
Clyde A. Shifter  
Deceased Members  
Dennis C Luzier  
Frances Graham  
Frank & Beatrice Latosky  
John M Bracco  
Kathryn Frisbie  
Marie Anderson  
Marty Urban  
Michael Bunk  
Milly Johnson  
Mom & Dad  
My Parents  
Raymond & Anne Morroni  
Ron & Judy Strattan  
Ruth Oyler  
Thomas & Mary Ann Grancey  
Walter & Alyce Scipione  
Willard & Helen Fontenoy

### FROM:

Gene Zazworsky  
William & Marsha Lumadue  
Barbie Abernethy  
Eleanor M. Shifter  
Fraternal Order of Eagles #812  
Carol A Luzier  
Jackie Day  
Frank J Latosky  
Joan Bracco  
Dennis & Sherry Nelson  
Susan & Randy Anderson  
Jeanne Urban  
Larry Bunk  
Lisa & Marty Dutory  
Pat Errigo  
Ann Neff  
Patricia Speerstra  
Ron & Kris Strattan  
Doris A. Iraca  
Susan & Randy Anderson  
Ronald J Scipione  
Thomas & Patricia Fontenoy

### DONATIONS:

David & Dawn Lukehart  
Dennis & Jan Shanafelt  
Janet Larson  
Mary Lynn Portzer  
Michael Matten  
Mike & Marianne McCloskey  
Myrna Magnuson  
Post 591 American Legion Aux  
Rowena Rich  
Sherman Smith  
Thomas Krolick  
William & Charity O'Dell



## TREE OF STARS ~ 2022

## White Star

### IN MEMORY OF:

Ann Feigh  
Anna B. Krul  
Bob & Lee Holden  
Clyde A Shifter  
Dwight Forcey  
Florance C Peacock  
Florence Unch  
Glenn & Mary Lucore  
Helen & John Janosky  
Jack Acey  
James E Springer  
Joseph Benedek, Jr  
Josephine Rogers  
Lewis & Retha Lupro  
Mona Peiffer Miller  
Nora Hand  
Raymond J Bloom  
Raymond Larson  
Richard Seaburn  
Robert Vokes  
Ron Natalie  
Ronald C Natalie, Sr  
Sally M. Catalano  
Samuel, Patrick & Peter Bailor  
Willard Dunlap

### FROM:

Larry T Feigh  
Marcia Belin  
Paula & Robert Holden  
Eleanor Shifter  
Kathleen Forcey  
Richard W Snyder II  
William & Anna Davis  
Betsy L Kruckenber  
Linda & Joe Benedek, III  
Leaetta Acey  
Geneva McCallum  
Linda & Joe Benedek, III  
Carl & Helen McCoy  
Linda Lupro  
Sam & Barbara Ardary  
Carl & Helen McCoy  
Rose M Bloom  
Alan Larson  
Janet Seaburn  
Jackie Ciamacco  
Donna Natalie  
Donna Natalie  
Victor & Sara Catalano  
Rose M Bloom  
Ruth Milliron

### DONATIONS:

Dale Adams  
James Howe  
Joan L Learish  
Juda Harvey  
Linda Harzinski  
Paula F Gallaher  
Rosemary L Maurer  
Scott & Susan Streater  
Shirley Pillot



Our 2022 Tree of Stars was displayed at our Clearfield location, 116 S 2nd Street. Joan Bracco takes pride in decorating our tree every year.



## Dr. Richard Johnson brings decades of experience to Susquehanna Wellness Clinic

Dr. Richard Johnson has joined the team at the Susquehanna Wellness Clinic (SWC), bringing with him a wealth of knowledge gained from nearly five decades practicing in the medical field.

Johnson completed undergraduate work at Thiel College in Greenville, PA, before enrolling in medical school at the Philadelphia College of Osteopathic Medicine, where he also worked nights in the hospitals there – drawing blood, starting IV's, and absorbing as much as he could as a medical student. From there, he went to Art Center Hospital in Detroit where he completed an internship and stayed on there for a three-year residency.

Johnson welcomes all of his existing patients to continue seeing him at the clinic, and is accepting new patients as well. To schedule an appointment with Dr. Johnson. Call 814-765-2695. The SWC has locations at 1924 Daisy Street Extension in Clearfield, in the former PennDOT building, as well as 28944 Frenchville Karthaus Highway in Frenchville.



Richard Johnson, left, and Mature Resources Chief Operating Officer Ethen Turner set up access for the doctor's accounts at Susquehanna Wellness Clinic.



**Clearfield County Area Agency on Aging Inc.**

600 Cooper Road  
Curwensville, Pennsylvania 16833

Change Service Requested





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## LOOKING AHEAD



2023 Observed Holidays (offices/centers closed)

APRIL 7, 2023 - GOOD FRIDAY  
MAY 29, 2023 - MEMORIAL DAY

CHECK CAAA OUT ON:

-  Facebook @ ClearfieldCountyAAA
-  Twitter @ CountyArea
-  LinkedIn
-  YouTube channel under Clearfield County Area Agency on Aging

CHECK THE VILLAGE OF HOPE OUT ON:

-  Facebook @ <https://www.facebook.com/ourvillageofhope/>
-  Twitter @ TheVillageofHo

### Would you like to receive your Lifespan by email?

Simply email us at [mail@matureresources.life](mailto:mail@matureresources.life) and let us know! Future issues of Lifespan (four per year) will automatically be emailed to you.

## CONTACT US

<b>Administrative Offices</b>	814) 765-2696 or
<b>Toll Free</b>	(800) 225-8571
<b>Fax</b>	(814) 765-2760
<b>Protective Services</b>	(814) 765-1365 or (800) 233-0249
<b>Web Page</b>	<a href="http://www.matureresources.life">www.matureresources.life</a>
<b>Email</b>	<a href="mailto:mail@matureresources.life">mail@matureresources.life</a>