A publication of the Clearfield County Area Agency on Aging, Inc. and the Mature Resources Foundation



#### From the CEO...



In these unprecedented times, the needs of our most frail older adults are greater than ever before. Since the state of emergency initiated in mid-March, 2020 due to the COVID-19 pandemic, your Area Agency on Aging has been creating and implementing new programs, services and ways to keep in contact with and keep homebound elders engaged and comforted. The closure of Centers for Active Living, from March 13 through June

30 impacted more than 50 older adults who visit the centers regularly for education, socialization, and nutrition. The relationships created lasting friendships and provided activities to look forward to each day. From self-management classes, to resource coordination to various bus trips. The





cancellation of those activities adversely affected not only the participants, but the numerous staff involved as well. Thanks to our flexible and resilient staff with

enormous support from our IT department and COO, we were able to ensure that the majority of our staff could work remotely and maintain contact with our consumers. All of the necessary assessments were completed timely in order to maintain in home support services and ensure access to new services that were needed. Our staff conducted weekly phone calls to check in on older adults and coordinated volunteer efforts to provide grocery pick up, transportation and home delivered meals to those who could not get out. Monumental community support enabled the agency to deliver food, toilet paper, sanitizer and masks to every single request received. We have been overwhelmed by the generosity of our community!

We have introduced animatronic pets for individuals experiencing loneliness and social isolation, as well as for individuals living with Alzheimer's Disease and related disorders. These robotic pets provide comfort, companionship and needed distraction. The response from participants to this initiative has been extremely positive, benefitting not only the older adult, but the caregivers and families as well. Almost 100 robotic pets have been provided. We will have provided 2000 boxes of fresh produce

through partnership with American HealthCare Group, Who Cooks for You Farm through the farm to table program. We began a transportation program for individuals in need of transportation to the doctor's office and various other appointments.



Our home delivered meals program provided an additional 100 meals per day during the peak of the pandemic. Our home delivered meals drivers provided reassurance and comfort via their deliveries to elders who were afraid and concerned and impacted by COVID-19 fatigue.

As you read this, you will likely have learned of our newest endeavor, the opening of the Susquehanna Wellness Clinic (SWC). Through our subsidiary, Mature Resources Foundation, we have been able to acquire the former Susquehanna Rural Free Clinic located in Frenchville, PA. The SWC will provide primary care services for adults, including home visits when needed. Transportation to and from appointments will be provided by the CCAAA for individuals over 60. Our physicians are well known in the community and are very much engaged in the health of our area. We have Certified Registered Nurse Practitioners excited about providing holistic and personcentered plans of care created in collaboration with you, the individual.

We will be offering telehealth services as well as Chronic Care Management Services for individuals with multiple chronic medical conditions. Our front-line staff



are well versed in navigating the health care system as well as coordinating needed home and community-based services. The Susquehanna Wellness Clinic will offer more than a dozen evidence-based wellness programs including: Chronic Pain Management, Chronic Disease Self-Management, Diabetes Self-Management and Healthy IDEAS. The beautiful property also offers a walking path with signage for physical activities designed to strengthen and enhance well-being.

Our medical staff in concert with our human services staff will be available to take the necessary time to ensure a clear understanding of the plans and goals of our patients and coordinate resources as necessary to ensure your health and wellbeing.

Stay Well, Kathy

## Inside This Issue

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#### 38 YEARS OF BLIZZARD BOXES IN CLEARFIELD COUNTY

There's a blizzard outside and the Meals on Wheels vehicles cannot get through to deliver the daily hot meals to hundreds of consumers who depend on them.

What can we do?

Each year, across Pennsylvania and other states in the USA, Blizzard Boxes are packed and delivered to homebound Meals on Wheels recipients. Typically, a combination of non-perishable foods, they are packaged and delivered at the onset of winter. Consumers are encouraged to store the meals in a safe place to use as a backup for stormy winter days when the Meals on Wheels staff may be unable to deliver a hot meal. On these days, consumers are called and reminded to use some of the food from their Blizzard Box. Boxes are replenished as they are used, depending on available supply.

On any given day, about 600 senior citizens in Clearfield County are served through the CCAAA's Meals on Wheels & More program. Over the course of the winter, over 1000 different people will have been served Meals on Wheels & More. Each year, Blizzard Boxes are provided to every one of these meal recipients.

Since 2011, every Blizzard Box has contained the nutritional equivalent of three full meals which meet standards set by the Older Americans Act (1/3 of the recommended dietary allowance for adults over 55). Typically, they contain products like canned soup, Hormel Complete meals, crackers, cookies, shelf-stable liquid milk, juices, tuna, and peanut butter. Products are currently being analyzed, and we look forward to providing another round of quality, nutritious Blizzard Boxes to all Meals on Wheels & More consumers before our first snowfall.

Food items are purchased in bulk in order to obtain the best possible price. Although we have increased the food quantity from a two-meal box to a three-meal box, the cost to sponsor each three-meal box remains at \$10.

While small variations of the concept may have existed in various areas of the country for years, the formal program actually began in Clearfield County in 1983 with the Clearfield Rotary Club and the CCAAA. As the program grew in subsequent years, the Curwensville and DuBois Rotary Clubs joined the effort, spreading the load of support for the program. Since several clubs participate, the Rotary Wheel is placed on the top label of the box along with the CCAAA logo. We also include the Wal-Mart logo on each label since the local Wal-Mart Distribution Center has been instrumental in the box assembly and delivery for the past few years. Also, in 2015 funding from both the Clearfield and DuBois United Ways was granted for this program. We proudly display the United Way logo on each box and thank them again for their continued support of this vital program.

In the last decade, support has also poured in from family members, individuals, business partners, organizations, church groups, and service clubs of all kinds, making it possible to remain entirely a local effort without the use of federal or state funds for the 38th consecutive year.

Name:
Address:
City, State, Zip:
Name as you wish it to appear on Blizzard Box label:
Number of boxes you wish to purchase: x \$10/each = \$

Please help by sending your check along with this form to: Clearfield County Area Agency on Aging, Inc., PO Box 550, Clearfield, PA 16830 (Please note on memo line "Blizzard Box")

The Clearfield County Area Agency on Aging, Inc. and Mature Resources Foundation are registered as charitable organizations with the Pennsylva-nia Department of State. A copy of the original registration and financial information may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania (800) 732-0999. Registration does not imply endorsement.

#### CCAAA THERAPEUTIC PET PROGRAM



The Clearfield County Area Agency on Aging, in partnership with award-winning robotic pet manufacturer Ageless Innovation, is distributing 100 robotic Joy for All Companion Pets to those most at-risk for social isolation. Social connection is not always something older adults have access to, especially in rural areas. Joy for All Companion Pets allow socially isolated older adults to receive gratification and comfort that they would from live pets by calming anxiety, decreasing loneliness, and providing a better quality of life—without needing to worry about food or vet bills.

Esther Lee, and her new dog, Honey





Ron Helsel, with his new dog, Doris Day

# STAFF DEVELOPMENT



As we kick off our new format for Lifespan, we're pleased to announce the promotion of Joshua Bush to the position of Fleet Dispatcher. Josh is responsible for the day-to-day coordination of our Meals on Wheels & More delivery program. Assuring our drivers have personal protective equipment during this time of COVID-19, maintaining delivery vehicles, shuffling drivers' schedules to meet demand, and ensuring any customer concerns get routed to the correct staff for resolution are just a few of his daily tasks. In addition, Josh assists our maintenance department with tasks to ensure our facilities are safe for our employees and visitors.

#### **Meals on Wheels & More**

We also want to publicly thank our Meals on Wheels & More delivery team. While the country and state have experienced partial shutdown during this Coronavirus pandemic, our delivery team has continued the 2,625 mile-weekly-trek to provide nutritious food to seniors in need. In addition to our regular home delivered meals customers, we've also delivered to seniors unable to attend our Centers for Active Living. Through the end of June, we've delivered 1,632 hot meals, 365 frozen meals, and 2,325 emergency shelf stable meals related to need during COVID-19. At the time of this writing, our 2019-2020 fiscal year figures weren't yet finalized, but our initial numbers show our amazing Meals on Wheels & More delivery team with regular, non-COVID-19 deliveries of 141,717 hot meals, 27,703 frozen meals, and 2,583 blizzard boxes.













































2021 Lottery Calendars Available Now



Clearfield County Area Agency on Aging 103 North Front Street, Clearfield, PA 16830 Phone (814) 765-2696

> Purchase online at www.ccaaa.net Cost is only \$25.00 each



Calendars will also be available at your local Center for Active Living in Clearfield, Coalport, Kylertown & Mahaffey

365 Chances to Win!!!!

Proceeds benefit the Centers for Active Living in Clearfield County

**Great Christmas Gifts!!!** 





## **CONSUMER CORNER**

Thank you for your thoughtfulness the last weeks of our country's pandemic. The phone call from Joan to make sure I was ok and to ask if I needed anything, for the package with the puzzles, games and coloring in. CCAAA, Inc is the best.  $\sim$  P.B.

Thank you for sending me a mask, I did not have one, but haven't been out yet. Please thank the women who took their time to make this. Looking forward to the center opening so I can get out; miss the people. Take care-Be safe!  $\sim$  M.P.

## Memorial & Honorarium Fund

In Memory Of: Barb LaBree	From: Debbie Fenton, Sherry, Chelsea & Kevin Slappey Pat & Marty Young	Benefits: Villiage of Hope Villiage of Hope
Lois J Billotte	Ms. Patricia Howard Kubista and Ryan LLP Ms. Annette L Renaud Mrs. Faith Robbins Mr. and Mrs. Richard W Snyder, II	Senior Services Senior Services Senior Services Senior Services Senior Services
Ruth Rishel	Laura Fitzpatrick	Meals on Wheels
Violet Maines	Graystone Court of Clearfield	Senior Services
Joyce M Gavlak	Janet & Howard Goss Robert & Sandra Baughman Judy Gavlak Richard & Ruth Gavlak Yvonne Lanier Dolores Yarger	Meals on Wheels Meals on Wheels Meals on Wheels Meals on Wheels Meals on Wheels

## Legacy Giving: Establishing a Heritage for Future Generations



ccase is pleased to now offer a basic planned giving or "legacy giving" program to afford community members a unique opportunity for leaving a heritage that will continue to tell their life stories. The Agency

knows that the individuals we serve as well as our supporters have accomplished many things in their lifetimes and planned giving is just another way to share in a way that is meaningful and powerful in effecting change.

Because the Clearfield County AAA is a non-profit, tax-exempt organization, the Agency depends heavily on cash and in-kind gifts, along with government funding, to fulfill its Mission. Through the CCAAA Planned Giving Program, donors and supporters are able to make bequests to the Agency under their wills and trusts.

Maybe you have a passion for helping Older Adults or have experienced compassionate services yourself. Maybe you want to live on beyond your lifetime, honor a loved one, or just "give back" in general. Whatever your motivation, participating as a "Legacy Donor" is a generous way to approach your estate planning and continue to positively impact the lives of older adults for years to come.

#### ORAL HEALTH IS A PRIORITY AMONG TODAY'S SENIORS

**Local Seniors** 

Debbie Ballarotto

Pennsylvania has 164 Dental Health Professional Shortage Areas (DHPSA), meeting only 39% of the dental need in the Commonwealth, based on a 5000-to-1 population to dentist ratio. Workforce distribution disparities contribute to the access to care crisis, not just in Pennsylvania, but across the United States. In addition, many of our frail elders are unable to secure transportation for dental visits or pay for adequate dental care.

Access to dental care is limited for many Seniors who rely on Medicare and/or Medicaid. According to Alice Pollock, APPRISE Coordinator for CCAAA, "Medicare does not cover dental. Some of the Advantage plans do advertise dental plans [but] it is very limited and they must work with their plan to find a provider. We do work with consumers to try and find eye and dental in our area; it is very hard because the large dental schools are in the cities and the wait list can be a year." Likewise, only about 1/3 of U.S. dentists accept Medical Assistance. In rural areas, access to preventative dental care and oral health education is



especially lacking, and, unfortunately, untreated dental problems can lead to social isolation, malnourishment and other health issues. One of the top 3 public health initiatives in Pennsylvania is improvement to accessing oral healthcare as well as preventing dental ailments. The overall goal is to increase oral health education and disease prevention.

To meet this need in Clearfield County, the CCAAA has developed and packaged Oral Health Kits which include toothbrushes, toothpaste, denture tablets and oral health educational material. 2800 of these packets have been prepared this summer and will be distributed to area seniors on a quarterly basis through the Agency's Meals on Wheels and More Program and Centers for Active Living. These packets were made possible by generous donations from our community to meet the needs of older adults, and, as a direct result of that support, will provide the tools older adults need to improve their oral health and dental issue prevention.

Michael Johnson

## **EMPLOYEE SPOTLIGHT**





Bobbie McBurney-Johnson

Ronda Vaughn

We are actually spotlighting two employees/ Directors of their own individual Departments, but who work in consistent cooperation with each other to assure accurate and excellent results.

The first Employee Spotlight interview is with Bobbie McBurney-Johnson, M.A. Bobbie was raised in Western PA, earned a BA Degree in Political Science and Philosophy from St. Vincent College in 1993, an MA in Industrial and Labor Relations from IUP in 1997. She moved to Clearfield in 1997 to begin a 20-year career in Human Resource Management. She spent several years Directing H.R. in Long Term Care and grew to love working with older adults.

Wanting to make a career change, she joined the CCAAA in January of 2017 as an Options Case Manager, then worked as a Service Coordinator in the Waiver program, eventually becoming the Waiver Services Supervisor. Bobbie also completed the PA Department of Aging Leadership Development Institute program in 2019. Today she serves as the Director of Mission Advancement and Public Relations.

When asked about the responsibilities of her job, Bobbie responded the general goal of her position is to share the Agency's Mission with the Community and enlist the Community's support in partnering with us to meet the needs of older adults. In order to accomplish this, community outreach takes on many forms—speaking engagements, community involvement, fundraising events, grant-writing, creation of revenue streams, media releases, advertising and Agency publications.

As an offshoot of my "normal" responsibilities, I also lead "A Matter of Balance Fall Prevention" classes as a Master Trainer, and will soon be able to lead family recovery classes as a Family Recovery Specialist for BALM (Be A Loving Mirror) program of the Agency due to a PA LINK grant. I love my job and am so glad to be a part of enabling the older adults in Clearfield County to live better lives.

Ronda Vaughn was born and raised in Clearfield County. She graduated from Clearfield Area High School, and started working for Fullington Auto Bus Company while she was still in High School. She worked for Fullington for 17 years. She worked as a Tour Coordinator, and worked her way up to being Manager of the Tour Department. She also was the Administrative Assistant to the President of the Company. While working in the tour department, she also did marketing, and planned the yearly tour brochure. She then went to work for Ridgeview Elder Care in Curwensville for 7 years as a Business Office Assistant. (still worked for Fullington for 2 years on the side). Next, she worked in the Probation Department in Collections at the Clearfield County Courthouse for 2 years before coming to work at the Clearfield County Area Agency on Aging in 2014. She started out as an Administrative Assistant, moved into the Fiscal Department as a fiscal assistant, and she is now in the Marketing Department as the Fundraising & Events Specialist.

In 2015, Ronda was asked to join the Anne S. Thacik Auction Committee. Ronda guickly became a stand-out as a member of the committee. She proved herself to be very creative in the making of center pieces for the serving tables for the auction, which had a history of taking place at the Knights of Columbus banquet hall in Clearfield. Ronda also exhibited a talent for planning various games and items up for auction and organizing them on spreadsheets that were very helpful to the Auction Committee. In 2019. Ronda was promoted to the position of the Marketing Departments Fundraising & Events Specialist, and made Chairperson of the Anne Thacik Auction Committee. With Ronda as presiding leader, the 2019 Anne Thacik Auction proved to be the most successful auction yet which in my mind is a fabulous achievement, akin to the first time at bat and hitting a home run.

Working as a Fundraising & Events Specialist is

very exciting. She gets to plan the Anne S. Thacik Auction, which takes a lot of focus and hard work. This Auction is the Agency's biggest Fundraiser and it is enjoyed by many people. We have a Committee that helps with the planning. We have a great group of people that share in ideas of the theme, who do ask for donations, and formulate experiences or packages to ask for. We all decide on the games & prizes we offer as well. We send out donation requests in July.

and collect sponsors and gifts through to the day of the auction. There is a lot of work behind the scenes, writing thank you's, organizing the donated items, and getting ready for the actual event. This year due to COVID-19, we will be holding the auction virtually, but you will be able to join us via Facebook live. We also have a lot of great volunteers that help out with setting up and working at the auction. Ronda lives and breathes the Auction from July through October, and enjoys every minute of it.

We have many other fundraisers such as the Cash Raffle, Blizzard Box Campaign, Cash Bash, Lottery Calendars, Auxiliary Memberships with discount cards, Sponsor a Senior program, Tree of Stars Honor/Memorial, Giving Tuesday. In the future, we plan to offer a Mother's Day Tea, Father's Day Breakfast, and a Senior Prom. Another favorite fundraiser for Ronda is the Giving Tree. She works along side of Assistant Chief of Police Nathan Curry of the Clearfield Borough Police. She gets requests from our Case Managers of Consumers that will benefit by the holiday cheer. She organizes all the recipients on spreadsheets, she and Officer Curry distribute the gift tags, and collect the gifts for the Employees, MOW drivers, and Case Managers to distribute to all our seniors.

She enjoys working at the Agency and plans to be here for many years to come.

In a moment of inspiration, since they were both in Marketing, it was decided that Bobbie and Ronda would share an office. This action worked out remarkably well. These two creative, enthusiastic women collaborate in daily conversations combining ideas for illustrating the purpose of the Agency, how we serve older adults in Clearfield County, and the many ways in which we can partner with our communities and businesses to fund these services. The Agency's grateful for all those who contribute to our programs and ideas. Thank you!.



## MAINTAINING AN ACTIVE LIFE STYLE

Maintaining an active life style as an older adult can provide a variety of health benefits including: improvement in blood pressure, diabetes, osteoarthritis, osteoporosis and neurocognitive function. Regular exercise is beneficial in preventing physical injuries and can improve our mental health. Also, those who remain active have a reduced risk of chronic illness and improved immunity.



When thinking of an ideal fitness plan for older adults, three components should be included:

- 1) **Aerobic or endurance activities:** Experts recommend 30 minutes each day. If you are just getting started, consider breaking this in to 10 minutes segments three times per day. Some activities that would provide aerobic benefit include walking, jogging, swimming, and cycling. When done at a brisk pace, these activities can increase heart rate and breath rate. If you have pre-existing conditions which make these activities more painful, try low impact activities like swimming or cycling. By maintaining regular exercise, many older adults will see an increase in fitness performance and greater ability to perform daily tasks without getting as tired or short of breath.
- 2) Strength or resistance activities: Experts recommend this type of exercise be performed 2-3 times per week. These are repetitive, often weight- bearing exercises that focus on all major muscle groups including arms, legs and core. They are performed in 1-2 sets of 10-15 repetitions at light to moderate intensity. If weights and strengthening equipment are too heavy or inaccessible, using resistance bands or your own body weight can be just as effective. Examples of equipment free options include wall sits, sit-ups and pushups. If you are unsure of how to perform a wall sit, check this out https://www.verywellfit.com/the-wall-sit-quad-exercise-3120741.
- 3) **Stretching or flexibility exercises:** These types of exercises warm up and cool down muscles before and after your aerobic/ endurance exercises. Stretching improves flexibility, which reduces likelihood of injuries, improves range of motion, and decreases muscle soreness and stiffness. Light stretching and flexibility exercises are safe when done daily, and your overall fitness will benefit.

If you already have a routine for physical activity, "That's Great, Keep Up the Good Work!". Remember to stay hydrated with any physical activity, even if you do not feel thirsty. Pay attention to cues your body may give you, and do not do more than is comfortable for you. Getting older does not mean abandoning an active lifestyle, but adjusting your workout routine to your body. Any exercise regimen should be discussed with your healthcare provider prior to starting.

As always, if you develop any new or unexplained symptoms you should consult with your healthcare provider. If you develop chest pain, weakness to one side of the body or severe shortness of breath seek immediate medical evaluation.

Be mindful and vigilant to remain safe and healthy. Health and Wellness

## **Annual Open Enrollment Period (A0EP)**

Each year from October 15th to December 7th is when Medicare Beneficiaries can enroll in or change their Medicare Advantage Plan or a stand-alone Prescription Drug Plan. The new coverage will Start on January 1st.

If you have an Advantage Plan during open enrollment you can make the following changes:

- You can switch to a different Medicare Advantage Plan.
- You can disenroll from your Medicare Advantage plan and return to Original Medicare. You can enroll in a stand-alone prescription drug plan.

If you are on Original Medicare and a Supplement Plan and a stand-alone prescription drug plan you can make the following changes:

- You can change your drug plan.
- You can choose to drop your Present coverage and Choose an Advantage Plan.

For more information on Open Enrollment or help with the topics listed above, contact Clearfield County Area on Aging APPRISE Program at **814-765-2696**.

Funded in whole or part by a grant through the Administration for Community Living





#### 25TH ANNUAL ANNE S THACIK AUCTION Ending date: Thursday – October 15, 2020

COVID-19 isn't keeping us down and it's not going to stop everyone's favorite fundraiser of the year!

This year's Auction will be held virtually and **You can view the auction items online now!!!** We have three different ways to access the Auction:

CCAAA website: www.ccaaa.net

Auction website: www.AUCTION1020.givesmart.com Or to Register: Text AUCTION1020 to 76278

You will receive several text messages asking you questions to register, we walk you right through the process. Then you will receive a link to our site. We will also supply a link to the site through our Facebook page.

Come join in the fun of games and shopping from the comfort of your own home! We have the following available now to purchase: Treasure Chest, 50/50 Chance, Charity Bingo, Cash Raffle, and the Red & Blue Card Games.

On October 5th the Silent Auction will open and you will have 10 days prior to the Auction to start your bidding. Once you reach the landing page, you can view our sponsors, learn about Anne S. Thacik, make a donation, and, of course, view the items we have to offer. If you have not already registered, there will be a button there to register as well. **Registration is FREE but all participants must register to participate!** 

The night of the auction, Thursday — October 15, 2020, we will go live on Facebook from 7:00 PM until 8:00 PM. We will draw the winners of our Red & Blue Card game, and "Cash Raffle" before we end the live feed. For all the other games, we will let them open for sale the rest of the evening, and then notify the winners individually, plus post a list of winners of Facebook on October 16th.

There are instructions on the landing page explaining where you can pick up the items you won. If you live out of the area, we will make arrangements to ship the item and there will be an additional shipping fee added to your total. Some items will NOT be available to ship; this will be noted on the item description.

If you have any questions, please email rvaughn@ccaaa.net, and type Auction in the subject line.

Don't forget to follow us on Facebook, we will open some "Spotlight" items up early and post a link directly to them on our Facebook Event page.

**First Prize:** 

\$10,000

2nd Prize: \$2,000

Plus 5 consecutive prizes of \$200





- \$ Tickets are \$50.00 each
- \$ Only 1,000 tickets will be sold
- \$ Winning ticket will be drawn on October 15, 2020 at 8:00 PM. Location of drawing: Drawing will be shown on Facebook Live during our Virtual Auction.
- \$ Watch Facebook live while we draw the winners, click on link at www.ccaaa.net
  Raffle participants must be 18 years of age or older at the time of entry. Payment of all applicable tax, fees and surcharges are
  the responsibility of the winner. Winner will be issued an IRS form W-2G stating the value of their prize. Prize is nontransferrable.

#### **ORDER BY MAIL**

Fill out order form below. Enclose check or provide credit card information. Return to:

CCAAA

PO Box 550 Clearfield, PA 16830 **ORDER BY EMAIL** 

Please scan and email the order form to: rvaughn@ccaaa.net

#### **ORDER BY PHONE**

To purchase your ticket, please call: 814-765-2696





If you would like to be notified of future raffles by email, please send your email address to: rvaughn@ccaaa.net

## Clearfield Co Area Agency on Aging, Inc. (Village of HOPE) RAFFLE TICKET ORDER FORM

Number of Tickets  Check Made paya			
☐ Money Order	☐ MC ☐ VISA ☐ AMEX ☐ Discover		
Acct #			RAFFLE!
	dit card will be charged by CCAAA		RAFFLE
Expiration Date:	Verification Code:		
Name:			
	City		Zip
Phone: ( )	Email		
Signature:		(Ticket stub will be mailed)	
Raffle Drawing: Octo	ber 15, 2020 • Clearfield County SGO06	346; SPR00658	
[ ] If sold out, please	e return money [ ] If sold out, please ap	ply to the next raf	fle



**Clearfield County Area Agency on Aging Inc.** PO Box 550 Clearfield, Pennsylvania 16830

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## LOOKING AHEAD

**OBSERVED HOLIDAYS** (offices/centers closed)

**September 7, 2020** – Labor Day

October 12, 2020 — Columbus Day

**November 11, 2020** — Veteran's Day

**November 26-27** — Thanksgiving Day and Black Friday

**UPCOMING EVENTS** 

October 11, 2020 - Tri-County Walk to End Alzheimer's, Dubois, PA

October 15, 2020 - Anne S. Thacik Auction, Online

**November 2020** – Giving Tree and Tree of Stars Kick-offs

**November 21, 2020** – CCAAA 43rd Anniversary

## **CONTACT US**

Main Office (Clearfield)

814) 765-2696 or

(800) 225-8571

Fax

(814) 765-2760 (814)

Protective Services

(814) 765-1365 or (800) 233-0249

Web Page

www.ccaaa.net

Email

mail@ccaaa.net



www.ourvillageofhope.com

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